

HOW

Science-based personalised nutrition



Our Foundation:

- Stichting Alliantie Voeding in de Zorg
- Chamber of Commerce number: 09202269
- IBAN NL81ABNA0243609752

December 2017



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Or visit us at:
 [Social media icons]

www.alliantievoeding.nl



For better health!



Connect

The wide network of the Nutrition Alliance brings together science, care practice, government and companies: on a regional, national and international level.



Research

Top scientific nutritional knowledge of Wageningen University & Research is applied in every project. The top clinical setting of Rijnstate enhances our unique academic nutritional and clinical research infrastructure.



Implement

New innovations are developed, validated and applied into care and prevention, in and outside the hospitals. Hospital Gelderse Vallei gained reputation as Nutrition Hospital.



Communicate

We share our knowledge and experiences at conferences. Results are published and we organize stakeholder meetings.

EXAMPLES

From exploration to implementation, in most medical disciplines



NutriProfiel®

- Tailor-made dietary advice
- Based on nutrient blood values and eating pattern
- Online, fully integrated in hospital IT
- www.nutriprofiel.nl/english



Taste & Smell Clinic®

- Clinical care, diagnostics and (fMRI) research
- Unique database related to smell and taste deterioration



Nutrition Hospital®

- Best meal service concept in the Netherlands
- Front runner in integrating nutritional science into practice



Cater with Care®

- New strategies in increasing protein intake of elderly
- Effective and tasty protein enriched familiar products
- www.caterwithcare.nl



EatzMove

- Promoting performance and recovery by optimal nutrition
- Exchange of insights between (elite) sport & clinical care
- www.eatzmove.nl/en/

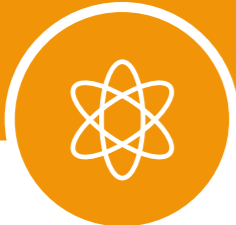


ProMuscle in Practice

- Preventive lifestyle programme
- Better health for frail seniors
- Protein rich diet and resistance exercise

WHO

Our expert centre makes it possible



We are the expert centre & field lab in nutrition & healthcare.



Our board members are experts from **Hospital Gelderse Vallei**, **Rijnstate Hospital** and **Wageningen University & Research** with its global position in healthy food and living environment.

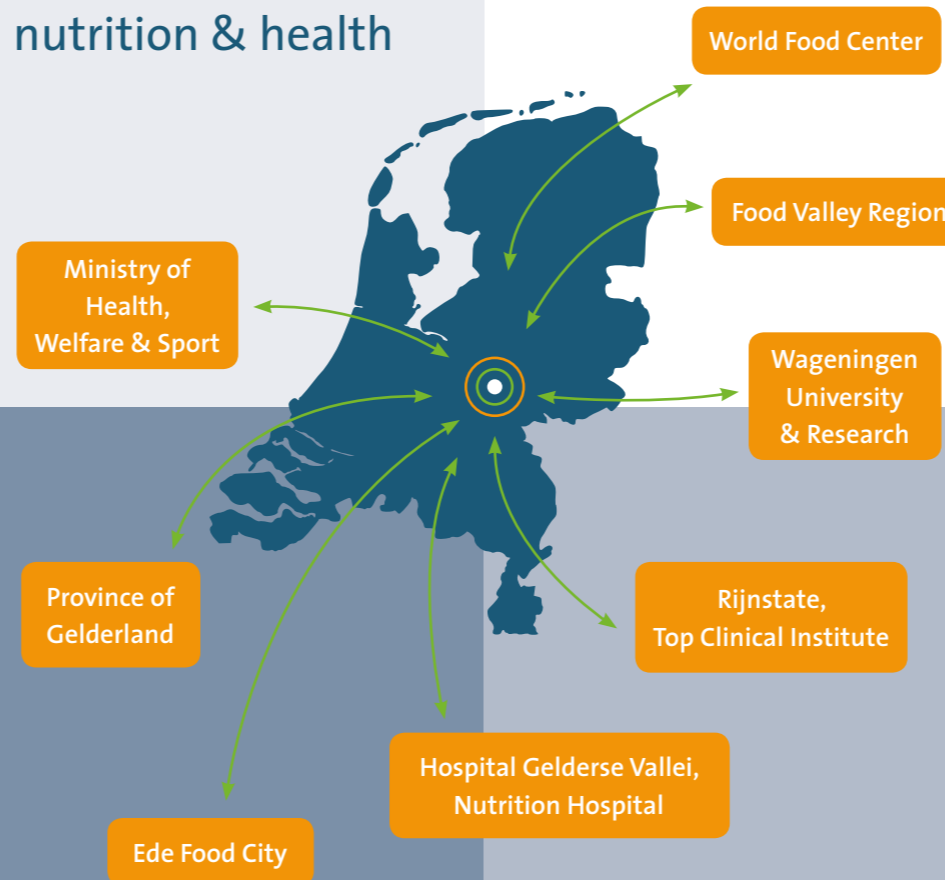


Together with the **Municipality of Ede** and care organisation **Opella** we realise excellent nutritional care in the Food Valley Region. Our knowledge and experiences are shared in and outside the Netherlands.



In our projects we collaborate with research and care organisations, policy makers, insurance companies and industrial partners. Our expert centre receives recognition as a cross-over in food & health.

Excellence in nutrition & health



Scientific insights on nutrition and physical activity are personalised and made applicable in healthcare



We create concepts for a healthy lifestyle

WHAT

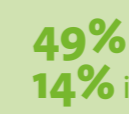
WHY

We know the importance of nutrition



In the Netherlands:

> 8 million people have one or more chronic disease



49% is overweight;
14% is obese or morbidly obese



25-40% of hospitalised patients & **15-30%** of elderly at home suffer from malnutrition

57% of the hospitals want to improve their meal service



5% meet the recommended intake of vegetables

30% suffer from vitamin D deficiency



80% of the medical students indicate the need for nutritional education